



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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2	3	4 Members Half Price Treatments Today!** 	5	6 Coffee Morning 	7	8
9	10	11 Members Half Price Treatments Today!** 	12 'Meet the Manager' Make sure your resolutions are on track	13	14	15
16	17 	18 Workout Wednesday: Bring a friend with you to the club	19	20	21	22
23 Coffee Morning 	24	25 Members Half Price Treatments Today!** <small>**Treatments prebooked only. Subject to availability.</small>	26 Spa Re-boot Evening: Re-visit your New Years resolutions with a detox pamper.	27 Have you bought your loved one a Spa Gift Voucher for Valentines Day yet? 	28 Open Weekend: Bring your friends along 	29 Open Weekend: Bring your friends along
30	31					

Pick up a free Personal Training session today worth £25

Terms & conditions apply. See in Club for more details.

