

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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2 	Meet the Manager: Come and join us for a chat	4	20% off Podiatry/Chiropractic Appointments Today for Leisure Members	6	7	8
9 Meet the Manager 5.30 - 6.30pm	Club Members receive 20% off Hair & Beauty Treatments Booked Today	11 	Coffee Morning: Meet your Leisure Club Manager	13	Mr and Mrs Fitness - 1st Challenge Commences	Mr and Mrs Fitness - 1st Challenge Commences
16	17 	Workout Wednesday: Bring a friend with you to the club	20% off Podiatry/Chiropractic Appointments Today for Leisure Members	20	21	22
Up & Running Gait Analysis	24 Club Members receive 20% off Hair & Beauty Treatments Booked Today	25 Candle Light Swim 6 - 7pm 	26	27	Open Weekend: Bring your friends along 	Open Weekend: Bring your friends along
30	Members Quiz Evening					

# Pick up a free Personal Training session today worth £25

Terms & conditions apply. See in Club for more details.

