


Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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Gym Programme Review Evening 	Meet the Manager: Come and join us for a chat	4 Aqua Aerobics - Niki Truebridge	5	50% off Guest Fee	7	8
9	Swim by Candle Light 	11	Coffee Morning: Meet your Leisure Club Manager 	13	14	15
Gym Programme Review Evening	17	Workout Wednesday: Bring a friend with you to the club 	19	50% off Guest Fee	21	22
23	24 Swim by Candle Light 	25	26 Charity Event 	Have you bought your loved one a Spa Gift Voucher for Valentines Day yet? 	Open Weekend: Bring your friends along 	Open Weekend: Bring your friends along
30	31					

Pick up a free Personal Training session today worth £25

Terms & conditions apply. See in Club for more details.

