

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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2  Club Active 3.45 - 5.45pm with Anthony Martin 	Meet the Manager: Come and join us for a chat	50% off Spa Treatments 	5 50% off Guest Fees	6 Weight Stoppers 12pm with Rom Pickford	7	8
	10	11 Free Master Class with Personal Trainer Glyn Knight 	Coffee Morning: Meet your Leisure Club Manager	13	14 Free Boot Camp Taster Session	15
16	17 	Workout Wednesday: Bring a friend with you to the club	Book a spray tan today for a free file & polish 	20	21	22
Club Active 3.45 - 5.45pm with Anthony Martin 	24	25 	Have you bought your loved one a Spa Gift Voucher for Valentines Day yet?	Gladiators Chidrens Gym Challenge with Anthony Martin	Open Weekend: Bring your friends along 	Open Weekend: Bring your friends along
30	31					

Pick up a free Personal Training session today worth £25

Terms & conditions apply. See in Club for more details.

