

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		50% off all spa treatments for members - today only	Coffee Morning at QHotels	3	4	5
PT seminar for healthy eating and effective quick training.	Meet the Manager: Come and join us for a chat	8	Coffee Morning at QHotels	10	11	12
13	Have you bought your loved one a Spa Gift Voucher for Valentines Day yet?	Workout Wednesday: Bring a friend with you to the club	16	17	18	19
20	21	22	23	24	Open Weekend: Referral gift on joining	Open Weekend: Referral gift on joining
27	28	29				

Treat a loved one to a stay with QHotels this Valentines Day...

For a romantic break visit www.QHotels.co.uk/LOVE11



Terms & conditions apply.

