








Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1	Coffee Morning at QHotels 	3	4	5
6 	Meet the Manager: Come and join us for a chat	8	9	10	11	12
Motivate Monday 	Valentines offer: Buy one treatment get the next one half price on any treatment on the day	Workout Wednesday: Bring a friend with you to the club 	16	17	18 	Hotel Wedding Fayre
	21	22	23	Candle Light Swim 	Open Weekend: Bring your friends along 	Open Weekend: Bring your friends along
27	28	29				

Treat a loved one to a stay with QHotels this Valentines Day...

For a romantic break visit www.QHotels.co.uk/LOVE11



Terms & conditions apply.