

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2	Join this Weekend: Receive a free month and no admin fee	Join this Weekend: Receive a free month and no admin fee
5 	Meet Rob the Manager: Come and join us for a chat	7	8	9	Join this Weekend: Pay no admin fee	Join this Weekend: Pay no admin fee
12	13 	Workout Wednesday: Bring a friend with you to the club	15	Lads Day Out Pizza and a Pint 	17 	Walking Club
19 	ESPA Discount Day	21 	Coffee Morning: Meet your Leisure Club Manager	23	Open Weekend: Bring your friends along	Open Weekend: Bring your friends along 
ESPA Discount Week	27	ESPA Discount Week	29	ESPA Discount Week	31	
			Have you bought your Mum a Spa Gift Voucher for Mother's Day yet?			

Refer a friend for a free 7 day pass & grab yourself one of 20 great gifts if they join...



Terms & conditions apply. Only one pass per person during the month. Some referral gifts may require more than one friend to join.