


Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2	3	4
Pilates Circuits	Meet the Manager: Come and join us for a chat 	Coffee Morning Aqua Aerobics Yoga	8	9	10	11
Pilates Circuits	13	Coffee Morning Aqua Aerobics Yoga	15	16	17	Mothers Day Offer: Essential facial with a free back massage 
Pilates Circuits	20 	Workout Wednesday: Bring a friend with you to the club	22	23	Open Weekend: Great referral gifts to be had	Open Weekend: Great referral gifts to be had 
Pilates Circuits	27	Coffee Morning Aqua Aerobics Yoga	29	30	31	
		 Have you bought your Mum a Spa Gift Voucher for Mother's Day yet?				

Refer a friend for a free 7 day pass & grab yourself one of 20 great gifts if they join...

Terms & conditions apply. Only one pass per person during the month. Some referral gifts may require more than one friend to join.

