


Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2	3	4
5	6 	Members Coffee Morning	8	9	Refer a Friend Today - Get a free gift	11
12	13	Members Offer: Extra 10% off spa treatments	15	16	17	18
19	20 	Workout Wednesday: Bring a friend with you to the club	New Members Evening	Friends Free Friday	Open Weekend: Bring your friends along	Open Weekend: Bring your friends along 
26	27	28	29	Pub Quiz	31	
			Have you bought your Mum a Spa Gift Voucher for Mother's Day yet?			

**Refer a friend for a free 7 day pass & grab yourself one of 20 great gifts if they join...**



Terms & conditions apply. Only one pass per person during the month. Some referral gifts may require more than one friend to join.