

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2	3	4
Coffee Morning: 10.30am - 12.00pm 	Meet the Manager: Come and join us for a chat	7	8	9	10	11
Coffee Morning: 10.30am - 12.00pm	13	14	15	16	17	18
Coffee Morning: 10.30am - 12.00pm	20	Workout Wednesday: Bring a friend with you to the club 	22	23	Open Weekend: Bring your friends along 	Open Weekend: Bring your friends along
Coffee Morning: 10.30am - 12.00pm 	27	28	29	30	31	
		 Have you bought your Mum a Spa Gift Voucher for Mother's Day yet?				

**Refer a friend for a free 7 day pass & grab yourself one of 20 great gifts if they join...**



Terms & conditions apply. Only one pass per person during the month. Some referral gifts may require more than one friend to join.