

### One for QHotels signature rituals

The All Over Refresh and Revitalise 50 minutes	£50.00
Relaxing Face and Back Ritual 50 minutes	£50.00
Fit For Business Back Ritual 50 minutes	£50.00
The Head and Feet Wake Up Ritual 50 minutes	£50.00

### One for fabulous facial rituals

The Age Defyer Facial with a Lifting and Firming Eye Treatment 1 hour 25 minutes	£95.00
ESPA Radiance Facial 55 minutes	£60.00
Mini Q Facial 25 minutes	£35.00
ESPA Re-Hydrator Facial 55 minutes	£60.00
ESPA Rebalance Facial 55 minutes	£60.00
ESPA Regenerating Facial 55 minutes	£60.00

Lifting and Firming Facial 55 minutes	£60.00
Lifting and Firming Eye Treatment 25 minutes	£35.00
<i>Add a Lifting and Firming Eye Treatment to any facial for only £20.00.</i>	

### One for beautiful body rituals and envelopments

ESPA Holistic Total Body Care 1 hour 40 minutes	£90.00
Luxury ESPA Back, Face and Scalp Treatment 1 hour 25 minutes	£80.00
Signature ESPA Back, Face and Scalp Treatment with Hot Stones 1 hour 40 minutes	£90.00
ESPA Chakra Balancing with Hot Stones 2 hours	£120.00
Relaxing Back Ritual 40 minutes	£60.00
Hip and Thigh Treatment 55 minutes	£55.00
ESPA Salt and Oil Scrub 25 minutes	£38.00

Spearmint Body Polish 25 minutes	£38.00
<i>Add a Salt and Oil Scrub or Body polish to any massage and/or facial treatment for only £20.00.</i>	
Relaxing Foot Ritual 25 minutes	£35.00
Algae Envelopment 55 minutes	£65.00
Marine Mud Envelopment 55 minutes	£65.00
Oshadi Wrap 55 minutes	£65.00
Full Body Massage 55 minutes	£60.00
<i>Add Hot Stones for only £15 extra.</i>	
Back, Neck and Shoulder Massage 25 minutes	£35.00
<i>Add Hot Stones for only £10 extra.</i>	
Reflexology 50 minutes	£50.00
Indian Head Massage 40 minutes	£45.00

Crewe Hall

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### One to prepare and care

Pure Body Harmony £85.00  
1 hour 25 minutes

The All Over refresh and Revitalise £50.00  
50 minutes

Reflexology £50.00  
50 minutes

### One for the boys

Full Body Massage £60.00  
55 minutes

Back, Neck and Shoulder Massage £35.00  
25 minutes

ESPA Men's Purifying Facial, Shoulder and Scalp Massage £60.00  
1 hour 10 minutes

ESPA Relaxing and Deep Cleansing Back Treatment £50.00  
45 minutes

### Men's waxing

Back 20 minutes £25.00

Chest 20 minutes £25.00  
Executive Hand and Nail Treatment for Men £30.00  
25 minutes

Executive Foot Care for Men £50.00  
40 minutes

### One for the finishing touch

Full Leg & Bikini Wax 50 minutes £37.50

Full Leg Wax 40 minutes £27.50

Half Leg Wax 20 minutes £22.00

Bikini Line Wax 10 minutes £17.50

Underarm Wax 10 minutes £15.00

Forearm Wax 15 minutes £15.00

Upper Lip Wax 10 minutes £10.00

Lip & Chin Wax 20 minutes £15.00

Chin Wax 10 minutes £10.00

Eyebrow Wax/Shape 10 minutes £12.00

Eyesh & Eyebrow Tint 20 minutes £20.00

Eyesh Tint 20 minutes £15.00  
Eyebrow Tint 10 minutes £10.00

### Tanning

Application Tan 50 minutes £50.00

Special Occasion Make-Up 50 minutes £60.00

Bridal Make-Up 2 x 50 minutes £90.00

Make-Up Lesson 50 minutes £50.00

### One for heavenly hands

File & Polish 20 minutes £25.00

Manicure 50 minutes £40.00

Deluxe Manicure 1 hour 10 minutes £50.00

### One to treat your feet

File & Polish 20 minutes £25.00

Pedicure 1 hour £50.00

Deluxe Pedicure 1 hour 10 minutes £60.00

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